

Volunteer Services

A variety of volunteer opportunities are available at Siteman. Some involve direct patient contact or supportive services with no patient contact 314-747-9095

SUPPORT GROUPS

GYN Onc Support Group- Together

1st Wednesday monthly, 5:00 – 6:30 pm
3rd Floor Farrell Conf Room Center for Advanced Medicine 314-362-4180

Head and Neck Cancer Survivors Group

3rd Wednesday monthly, 6pm
Farrell Conf Room Center for Advanced Medicine Room 2 314-362-7680

Multiple Myeloma Support Group

1st Wednesday monthly 10am – 12:00 pm
SSM Medical Park 1475 Kisker Road St. Charles 636-795-4498

Pancreatic Cancer Networking Group

4th Thursday monthly, 1:00 – 2:30 pm
Cancer Support Community
1058 Old Des Peres Rd, St. Louis, MO 63131

Prostate Support Group

2nd Wednesday monthly, 6:00-7:30pm
Siteman Cancer Center St. Peter's Conference Room 636-916-9947

Young Women's Breast Cancer Support Group

3rd Wednesday monthly, 6pm Washington University West Campus 7425 Forsyth Blvd, St. Louis 314-362-7844

Siteman Cancer Center Support Groups

These programs range from support groups and exercise programs to educational sessions and pet therapy 314-362-7844

Bereavement Monthly Networking Group

2nd Thursday monthly, 6:30-8:00pm Cancer Support Community, 1058 Old Des Peres Rd, St. Louis 314-238-2000

Lung Cancer Monthly Group

1st Thursday monthly, 6:00-7:30pm Cancer Support Community 1058 Old Des Peres Rd, St. Louis 314-238-2000

EXTERNAL RESOURCES

American Cancer Society

Wigs and other cancer support
4215 Lindell Blvd, St. Louis, MO 63108
314-286-8167

Cancer Support Community

Decision/option tree. Introduction to other facilities. Support groups, yoga and art. Serves patients and families
1058 Old Des Peres Road 314-238-2000



SITEMAN CANCER CENTER

Supportive Resource Guide

Please keep this brochure as a reference and use it to find services or programs offered through Siteman Cancer Center. If you have any questions, please call the Barnard Health and Information Center at 314-362-7844 or visit us online at siteman.wustl.edu



Barnes-Jewish Hospital and Washington University Physicians comply with applicable federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability or sex.

Atención: hay servicios de asistencia de idiomas disponibles a su disposición sin costo. Llame al 314-747-5682 (TTY: 1-800-735-2966).

注意: 免费提供语言协助服务, 如有需要敬请致电 314-747-5682 (TTY: 1-800-735-2966)。





RESOURCES

Barnard Health and Cancer Information Center

Open on a walk-in basis to assist anyone whose life has been touched by cancer. The center serves patients, their families, medical professionals and others who need current information on cancer prevention, early detection, diagnosis and treatment, coping, and community resources.

1st floor Center for Advanced Medicine,
Mon-Fri 9am – 4pm 314-362-7844

SERVICES AT SITEMAN Compression Garments

Evaluation for compression garments through Washington University Physical Therapy Clinics 314-286-1940

Guest Services

Information on travel, lodging, and computer services 3rd Floor Siteman

Financial Assistance

Insurance/financial assistance. A Siteman Cancer Center financial specialist is available to answer questions about health insurance and identify financial resources for expenses related to cancer care 314-454-8064

Head Coverings

Hats and scarves 314-362-7844

Interpreter Services

Interpreters are available 24 hours a day for patients who need help with language assistance or have special cultural needs.

Deaf interpretation, on-site foreign language interpretation and telephone foreign language interpretation are available.
314-747-5682

Nutrition Weight Management Program

The Weight Management Program at Washington University School of Medicine is dedicated to the management of excessive weight. By applying the most current methods, the program helps patients manage their weight and reduce the medical risks linked with being obese.

To speak to one of the staff members, please call 314-286-2080.

Palliative Care Symptom Management

Palliative care services are available to patients and their families who are facing advanced illness. Palliative care is provided by a specially-trained team of doctors, nurse practitioners, social workers and chaplains who work together with a patient's surgical, radiation or medical oncologist to provide additional support. It is appropriate at any age and at any stage in a serious illness and is provided along with curative treatment. You can request a palliative care referral from your doctor or contact the service directly. They also provide assistance with end-of-life issues, if needed.

314-747-5055 pc_clinic@bjc.org

Pain Management

Patients with cancer may experience pain for a variety of reasons – as a result of tumor growth, advanced cancer or treatment side

effects. At the Siteman Cancer Center, we are dedicated to helping patients deal with pain. For patients who experience persistent, chronic pain, help is available through the Pain Management Center.

Referrals accepted from physicians only.
314-362-8820

Post-Surgery Temporary Breast Prosthesis and Leisure Bras

314-362-7844

Siteman Counseling Services

Free counseling for patients and adult family members 314-747-5587

Social Work

Assists patients and families with resources.
314-362-5574

Spiritual Care Services

Trained hospital chaplains to assist with spiritual needs 314-454-7319

Valet Services

Covered drive near the lobby entrance of the Center for Advanced Medicine. Operating hours are 6 a.m. to 7 p.m. Monday through Friday. The cost for the service is \$2 plus parking garage fees. Valet service is free for patients with handicap parking tags.

PROGRAMS

Art Therapy/Art Center

13th Floor Center for Advanced Medicine art room; Bedside projects, art on the go
314-286-0592

BJC WellAware Center

Exercise, Massage, Aroma Therapy, Zumba, Nutrition, Yoga
600 Taylor Ave 314-286-0525
barnesjewish.org/patient-visitors/fitness-center

Dog Therapy Program

On request through Volunteer Services
314-747-9095

Gentle Yoga

Open to patients, family, and team members. Free each Tuesday 5:30 – 6:30 pm. 3rd Floor Farrell Conference Center, Center for Advanced Medicine 314-362-7844

Look Good, Feel Better

Free program that teaches beauty techniques to combat the appearance-related side effects of cancer 314-362-7844

Mindfulness Meditation

A free class for cancer patients/survivors and their caregivers. 8-week program
314-747-5587 to register

PFAC

Patient and Family Advisory Council
Kathy Atwater 314-747-4689
Kathy.atwater@bjc.org

Saks Fifth Avenue

Make-up, manicures, and hand massages
314-362-7844 for 2017 dates