

## Early Detection Could Be Lifesaving

Lung cancer often doesn't cause symptoms, which makes regular screenings (if you're eligible) vitally important. It also increases the likelihood of catching lung cancer in its earlier and more treatable stages. Lung cancer is the leading cause of cancer death in the United States; deaths that could potentially be prevented by early detection.

**Early detection survival rates:  
More than 50 percent**

**Late detection survival rates:  
Less than 4 percent**

## Low-dose CT Lung Scans

A low-dose spiral computed tomography (CT) image takes many pictures of your lungs, so a specialist can scan the images for cancer. Because this type of scan is "low-dose," it uses reduced amount of radiation as compared to other CT imaging. During the scan, which takes about a minute, you'll lie on a table while a technician performs the test. There are no needles used or contrast dyes used.



## SITEMAN CANCER CENTER LUNG CANCER SCREENING PROGRAM

Patient Care  
Coordination Center

314-747-3046

[siteman.wustl.edu/  
lungcancerscreening](http://siteman.wustl.edu/lungcancerscreening)



# Do it for him.

Get screened for lung cancer.



SITEMAN CANCER CENTER  
LUNG CANCER SCREENING PROGRAM



# Frequently Asked Questions

## What are the costs of a lung cancer screen?

Medicare currently covers the costs of lung cancer screening for eligible patients, as do many private insurance companies. In some cases you may have to pay a portion of the costs. We encourage you to check with your insurance company before the test.

## What if my results are abnormal?

Your results will be read by our world-class physicians who specialize in the diagnosis and treatment of lung cancer. And should your results require further assessment, you have access to Siteman Cancer Center's multidisciplinary team who can provide comprehensive evaluation and treatment options.

## Are there risks associated with the screening?

As with any scan of this kind, you will be exposed to some radiation, which has the potential for health risks. However, because our team uses a low-dose CT scan, there is less exposure than with traditional tests. It's important to talk to your doctor about the benefits and risks of screening.

## For more information about lung screening at Siteman Cancer Center:

[siteman.wustl.edu/lungcancerscreening](http://siteman.wustl.edu/lungcancerscreening)

## Do you still smoke?

Quitting smoking is the single most important step you can take to prevent lung cancer, as well as other diseases of the lungs, heart, blood and brain.

# Are you eligible for a lung cancer screening?

## 1 You must be 55-77 years old

\*Private insurance may cover up to age 80.

## 2 You must have smoked at least...



1 PACK PER DAY  
FOR 30 YEARS



2 PACKS PER DAY  
FOR 15 YEARS



3 PACKS PER DAY  
FOR 10 YEARS

## 3 Even if you quit smoking, you may still qualify.

You must have quit in the past 15 years.

## 4 How to decide if yearly lung cancer screening is right for you...



TALK WITH  
A DOCTOR



REVIEW THE  
PROS AND CONS



DECIDE WHAT  
IS BEST FOR YOU

## 5 What now?

You can contact the Patient Care Coordination Center at **314-747-3046** to schedule a screening or schedule a time to talk to someone about whether or not to get screened.



### 1-800-QUIT-NOW

Talk directly to  
trained counselors

### Text "Siteman" to 47848

(Message and data rates  
may apply)

### Smartphone Apps

[smokefree.gov/tools-tips/apps](http://smokefree.gov/tools-tips/apps)  
(Message and data  
rates may apply)  
Get 24/7 support



### QuitGuide and QuitStart

Download FREE  
from Apple App Store or  
Google Play