HOW TO USE YOUR FIT TEST
STEP-BY-STEP GUIDE

STEP 1
Open kit and unfold collection paper.

STEP 2
Place collection paper between toilet seat and water of toilet.

STEP 3
Deposit stool onto collection paper.

STEP 4
Unscrew lid of collection bottle. KEEP ALL LIQUID IN THE BOTTLE.

STEP 5
Using probe attached to bottle top, collect stool. Place inside bottle. (Must take 6 samples from multiple locations on stool.

STEP 6
After all samples are collected close cap of collection bottle securely. DO NOT REOPEN. Flush collection paper and stool.

STEP 7
Fill out all information on bottle, then wrap the collection bottle with absorbent pad. Place inside Bio hazard bag.

STEP 8
Wash hands thoroughly.

STEP 9
On provided card, write the collection date and time on the space provided. Samples will not be accepted without this information.

STEP 10
Return the sample in the provided pre-paid envelope WITHIN 48 HOURS OF STOOL COLLECTION.