

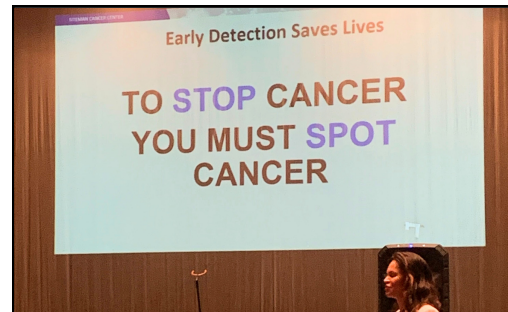
# Tell Your Momma



Dr. Lannis Hall, MD

The Hazelwood School District and Siteman Cancer Center have once again joined forces for the biannual "Tell Your Momma" Breast Health Partnership. Dr. Lannis Hall will return to provide education on the importance of starting breast health education early, including information on risk reduction strategies, prevention, and the significance of empowerment. By empowering these young ladies, they can become advocates for breast health within their families.

This year, Siteman Cancer Center is thrilled to host "Blenders up for Better Health", a smoothie competition among Hazelwood East, West, and Central. Smoothies serve as a delicious way to incorporate the recommended daily intake of fruits and vegetables, reducing the risk of chronic diseases and cancer. The winner of the Blender's Up competition will be determined by their Hazelwood peers.



For information on the breast health event, visit:  
[siteman.wustl.edu/hazelwood](https://siteman.wustl.edu/hazelwood)



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